



Healthy Mom, Healthy Baby (A March of Dimes Book): The Ultimate Pregnancy Guide

Siobhan Dolan, Alice Lesch Kelly

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Healthy Mom, Healthy Baby is the ultimate pregnancy guide. Authors Siobhan Dolan, M.D., and Alice Lesch Kelly offer clear, friendly, authoritative, and essential advice, based on the latest research and findings, empowering mothers-to-be and new moms with more information and positive steps than have even been available before to ensure both a healthy pregnancy and a healthy, happy newborn.

Supported and sponsored by the March of Dimes—one of America's largest, most widely recognized non-profit organizations and the country's #1 most trusted source of health information for parents, according to a 2011 Gallup Poll—*Healthy Mom, Healthy Baby* is a must-read for all mothers-to-be.



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