



# **The Restless Executive: Reclaim your values, love what you do and lead with purpose**

Jo Simpson

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**A major shift is stirring in the corporate world today.**

Leaders at all levels are feeling a sense of restlessness, with many questioning the value of what they do and why they do it. Intuitively they already know there is a different way to operate - to show up, honour their values, build trust and positively influence others...and now finally here is a road map that shows them how, from the inside out!

*The Restless Executive* – is a modern fable from an author with over 25 years corporate experience, which includes coaching top international business leaders. This story reveals how aligning personal values with leadership style can transform performance and job satisfaction, and cure the restlessness so many of today's professionals are experiencing.

Are you leading aligned to your values? Or are you restless in a role where you're overworked, frustrated and pulled in all directions? *The Restless Executive* offers an alternative to being conditioned by your external environment and invites you to discover your own personal values, to lead with energy and purpose and to transform your working life and that of those around you.

- Packed full of practical tools, tips and techniques
- Practical guide which shows you how to explore your own restlessness and discover the gifts it holds
- Transform the way you live and lead as you develop deeper levels of engagement, motivation and trust



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