



# **Spoiling Childhood: How Well-Meaning Parents Are Giving Children Too Much - But Not What They Need**

*Diane Ehrensaft*

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Vividly encapsulating the absurdities, heartbreaks, and possibilities of contemporary child rearing, this book shows how parents today are all too often caught up in a guilt-driven pendulum swing between parenting too little and parenting too much. Dr. Ehrensaft helps us imagine a society where we can overcome the treacherous balancing acts of work and family demands; where "good-enough" replaces perfect parenting, harriedness is traded for harmony, and children grow on a healthy continuum from infancy to adulthood.

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