



La artrosis y su solución (Plus Vitae) (Spanish Edition)

Ana María Lajustica

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La artrosis no es una enfermedad propiamente dicha, sino un problema de química. Por tanto, su solución correcta nos la da la bioquímica. ¿Qué es realmente la artrosis? ¿Hay alguna dieta para evitar esta enfermedad? ¿En qué consiste un tratamiento eficaz de la artrosis? Un libro de enorme rigor científico, pero de lectura sencilla y accesible, que muestra de un modo inequívoco que la enfermedad de la artrosis puede ser fácilmente tratada, y cómo las personas que la padecen pueden recuperar su salud.

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