



# So Raw It's Downright Filthy: A Raw Vegan Cookbook (Vegan Cookbooks)

*Joshua Ploeg*

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Let us not understate the might and magic of Joshua Ploeg's cooking. The dude's meals sparkle in your mouth; they burst and bloom; they explode and breakdance and pirouette! Joshua's the "traveling vegan chef" and he is—as we speak, no less!—touring the world making insane-in-the-membrane multi-course DIY meals at shows and dinner parties. A wonderful follow-up to his third cookbook, *In Search of the Lost Taste*, this brand-new zine is Joshua's take on raw food and it is llllllong awaited. Revel in the majesty of easy and cheap recipes like his Mushroom-Pear Salad with Five Spice. Give yourself a massive high five after fixin' up his pho (which is pho-king great!). Go bananas with his green curry, his incredible Shitakesbury Steak, his OMG-worthy raw Shepherd's Pie! Want some more? There's more, much more: 28 slammin' pages with tips on all-things raw, raw-related articles, and awesome-a-licious recipes like Garlic-Sunflower Pate, Cashew Sour Cream, Melon Gazpacho, and Gumbo! The raw diet does not have to mean a pile of wilted lettuce with lime squeezed over it or a handful of stinkin' peanuts! The raw diet can be a party!



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