



Setting Boundaries® with Difficult People

Allison Bottke

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Setting Boundaries® with Difficult People Allison Bottke

Continuing her popular Setting Boundaries series, Allison Bottke offer her distinctive “Six Steps to SANITY” to readers who must deal with difficult people.

S...Stop your own negative behavior

A...Assemble a support group

N...Nip excuses in the bud

I...Implement rules and boundaries

T...Trust your instincts

Y...Yield everything to God

Whether it's a spouse, in-law, boss, coworker, family member, neighbor, or friend, readers who have allowed others to overstep their boundaries will learn how these six steps can help them reset those boundaries and take back their life...for good.

Setting Boundaries with Difficult People is designed to inspire, empower, and equip readers with the tools to transform lives.

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