



## Yom Kippur Readings: Inspiration, Information and Contemplation

*Rabbi Dov Peretz Elkins*

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A powerful collection of writings about Yom Kippur that will add spiritual depth and holiness to your experience of the Day of Atonement.

As Rosh Hashanah ends and you look ahead to Yom Kippur, what do you think about? The familiar melody of Kol Nidre? The long hours of fasting? The days of self-examination? You know that the Day of Atonement is the holiest on the Jewish calendar, but sometimes it just feels long, tiresome and devoid of personal meaning. The readings in this book are for anyone seeking a deeper level of personal reflection and spiritual intimacy—and a clearer understanding of just what makes Yom Kippur so holy.

Drawn from a variety of sources—ancient, medieval, modern, Jewish and non-Jewish—this selection of readings, prayers and insights explores the opportunities for inspiration and reflection inherent in the themes addressed on the Day of Atonement: sin, forgiveness, repentance, spiritual growth, and being at one with self, family, community and God. These readings enable you to enter into the spirit of Yom Kippur in a personal and powerful way while they uplift and inform. They will add to the benefits of your High Holy Day experience year after year.

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Rabbi Dov Peretz Elkins, award-winning anthologist, lecturer, educator and author, is co-editor of the best-selling *Chicken Soup for the Jewish Soul*. Widely published in the Jewish and general press, he is author of *The Wisdom of Judaism: An Introduction to the Values of the Talmud* (Jewish Lights), and is editor of *Yom Kippur Readings: Inspiration, Information and Contemplation* and *Rosh Hashanah Readings: Inspiration, Information and Contemplation* (both Jewish Lights). He is rabbi emeritus of The Jewish Center of Princeton, New Jersey, and a former member of the Committee on Jewish Law and Standards of the Rabbinical Assembly and the Council for Jewish Education. Visit his websites—[www.wisdomofjudaism.org](http://www.wisdomofjudaism.org) and [www.Eco-Judaism.org](http://www.Eco-Judaism.org)—for more information.



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