



# **The Thin Woman: Feminism, Post-structuralism and the Social Psychology of Anorexia Nervosa (Women and Psychology)**

*Helen Malson*

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*The Thin Woman* provides an in-depth discussion of anorexia nervosa from a feminist social psychological standpoint. Medicine, psychiatry and psychology have all presented us with particular ways of understanding eating disorders, yet the notion of 'anorexia' as a medical condition limits our understanding of anorexia and the extent to which we can explore it as a socially, discursively produced problem.

Based on original research using historical and contemporary literature on anorexia nervosa, and a series of interviews with women diagnosed as anorexic, *The Thin Woman* offers new insights into the problem. It will prove useful both to those with an interest in eating disorders and gender, and to those interested in the new developments in feminist post-structuralist theory and discourse analytic research in psychology.

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