



What Should I Do With the Rest of My Life?: True Stories of Finding Success, Passion, and New Meaning in the Second Half of Life

Bruce Frankel

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"This wise and inspiring book hands down an important message: Happiness is abundant at any age, and only you can limit your options." -*The Boston Globe*

In today's world, the question "What should I do with my life?" only scratches the surface. Now, more and more people—from baby boomers retiring from their "first act" to people in their forties and fifties reconsidering their careers in a recovering economy—are finding themselves wondering how to find new stimulation and meaningful work over a lifetime. Bringing together a diverse array of stories, veteran journalist Bruce Frankel brings to life a mesmerizing series of profiles of men and women who discovered a new calling, success, or purpose later in life. Brimming with inspiration and humanity, *What Should I Do with the Rest of My Life?* celebrates activists, artists, entrepreneurs, filmmakers, and others who found extraordinary ways to experience true fulfillment in the second half of life.

On these pages, readers will meet a civil servant, laid off at age fifty-two, who enrolled in graduate school, earning a Ph.D. in psychology; a former consultant who began a microfinance program in Africa; a longtime contact-lens grinder who has chiseled twelve hundred stone heads on a property now known as the "Easter Island of the Hudson"; and many others who proved that age is a spark—not a barrier. Full of spirit and plenty of chutzpah, this book shows that anything is possible in any stage of life.

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From reader reviews:

Ana Jimenez:

People live in this new day of lifestyle always try and must have the time or they will get wide range of stress from both way of life and work. So , once we ask do people have free time, we will say absolutely sure. People is human not only a robot. Then we ask again, what kind of activity do you possess when the spare time coming to an individual of course your answer will probably unlimited right. Then ever try this one, reading ebooks. It can be your alternative in spending your spare time, often the book you have read is definitely What Should I Do With the Rest of My Life?: True Stories of Finding Success, Passion, and New Meaning in the Second Half of Life.

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