



Step-by-Step Equine Massage: Storey's Country Wisdom Bulletin A-2776 (Storey Country Wisdom Bulletin)

Cherry Baldridge, Candy Sipka

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Relieve Soreness, Improve Flexibility, and Keep Your Horse Sound

Does your horse have a nagging soreness that won't go away? Does a mystery lameness come and go without obvious cause? Has your horse's performance deteriorated over the past few months? Do you want to prevent these problems from happening? If your answer is yes, then equine massage can help!

Massage therapy is an excellent tool for preventing and relieving muscle soreness in horses. With the simple step-by-step techniques outlined by sisters Candy Sipka and Cherry Baldrige, you'll be able to identify and solve muscle soreness, on your own or with the assistance of a professional equine massage therapist. You'll learn the proper massage techniques and where to use them on a horse, simple stretches that can restore or improve a horse's flexibility, and even the proper position to take when working hands-on with a horse.

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The reason? Because this Step-by-Step Equine Massage: Storey's Country Wisdom Bulletin A-2776 (Storey Country Wisdom Bulletin) is an unordinary book that the inside of the guide waiting for you to snap this but latter it will distress you with the secret the item inside. Reading this book next to it was fantastic author who have write the book in such awesome way makes the content within easier to understand, entertaining means but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this anymore or you going to regret it. This excellent book will give you a lot of benefits than the other book have got such as help improving your talent and your critical thinking means. So , still want to hesitate having that book? If I were being you I will go to the guide store hurriedly.

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