



Akupressur - Drück Dich mal wieder!: Heilen mit den Fingern (German Edition)

Gabi Mast

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Sie leiden ständig unter Stress?

Magenschmerzen, Nervosität, hoher Blutdruck, Konzentrations- und Gedächtnisstörungen und Verzweiflung machen Ihnen dadurch das Leben schwer?

Aber Sie möchten nicht ständig irgendwelche Medikamente schlucken, da diese zwar Ihre Beschwerden lindern, Ihnen aber den Stress nicht nehmen.

Machen Sie Ihre Finger zu Heilern!

Drück Dich mal wieder! zeigt Ihnen, wie Sie ganz einfach durch Fingerdruck Ihre Energie zum Fließen bringen und Ihren Stress nicht mehr "an sich ranlassen". Folgen Sie meinem Rat!

"Drück Dich mal wieder!"

Sie können das jederzeit und überall tun, und nach regelmäßiger Akupressur werden Sie merken, dass es Ihnen körperlich und emotional einfach besser geht. Sie werden positiv gestimmt sein und genügend Energie haben, all die Aufgaben, die es zu erfüllen gilt, zu meistern

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Julie Long:

Spent a free the perfect time to be fun activity to perform! A lot of people spent their spare time with their family, or their very own friends. Usually they carrying out activity like watching television, going to beach, or picnic in the park. They actually doing same every week. Do you feel it? Do you want to something

different to fill your personal free time/ holiday? Could be reading a book can be option to fill your free time/ holiday. The first thing you ask may be what kinds of publication that you should read. If you want to attempt look for book, may be the publication untitled Akupressur - Drück Dich mal wieder!: Heilen mit den Fingern (German Edition) can be good book to read. May be it could be best activity to you.

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