



Finding God in Daily Life: An Informal Talk by Sri Daya Mata

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One of a series of informal talks on the teachings of Paramahansa Yogananda, author of *Autobiography of a Yogi*. These informal talks offer inspiring and practical guidance for living our lives in a spiritually harmonious way with grace and simplicity, with an inner equanimity in the face of life's seeming contradictions, and above all with joy, secure in the knowledge that we are at every moment in the embrace of a loving divine power. In this talk, Sri Daya Mata, one of Paramahansa Yogananda's earliest and closest disciples, answers questions and offers guidance on : Raising children * Dealing with strong wills in the home * Communication among family members * How to attune our will with God's will * Developing intuition * Practical ways to cultivate devotion * The importance of positive thinking - to body, mind, and soul

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Cassandra Tucker:

Spent a free time for you to be fun activity to try and do! A lot of people spent their leisure time with their family, or their own friends. Usually they carrying out activity like watching television, going to beach, or picnic in the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your own free time/ holiday? May be reading a book is usually option to fill your free time/ holiday. The first thing you will ask may be what kinds of guide that you should read. If you want to attempt look for book, may be the reserve untitled Finding God in Daily Life: An Informal Talk by Sri Daya Mata can be very good book to read. May be it is usually best activity to you.

Clifford Caldwell:

People live in this new time of lifestyle always attempt to and must have the extra time or they will get great deal of stress from both way of life and work. So , once we ask do people have free time, we will say absolutely yes. People is human not only a robot. Then we ask again, what kind of activity are you experiencing when the spare time coming to a person of course your answer may unlimited right. Then do you ever try this one, reading guides. It can be your alternative within spending your spare time, the actual book you have read is usually Finding God in Daily Life: An Informal Talk by Sri Daya Mata.

Crystal Lavigne:

Are you kind of stressful person, only have 10 or maybe 15 minute in your morning to upgrading your mind talent or thinking skill also analytical thinking? Then you are having problem with the book in comparison with can satisfy your short period of time to read it because pretty much everything time you only find reserve that need more time to be learn. Finding God in Daily Life: An Informal Talk by Sri Daya Mata can be your answer since it can be read by anyone who have those short time problems.

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