



Lotta, Pugilato, Sollevamento pesi (Olympic Pill) (Italian Edition)

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Una pillola ad alto contenuto di testosterone, per gli appassionati di sport comunemente etichettati come "duri", da uomini. In realtà il sollevamento pesi coinvolge da sempre anche le donne, la lotta libera dal 2004 ha anche una categoria femminile, mentre Londra 2012 sarà il debutto ufficiale delle donne sul ring. Scopriate come si vince un round, cosa significa "schienare" un avversario; gli stili con cui si può sollevare sopra la propria testa un peso di 105 kg, e quali sono i colpi "nobili" nel pugilato. Le gare si svolgeranno tra il 6 e il 20 luglio e il 12 agosto alla Excel Arena.

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