



Controversies in Psychotherapy and Counselling

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‘My congratulations to Colin Feltham for assembling a set of contentious issues and lively authors which together made me forget my surroundings’ - ***Person-Centred Practice***

‘Editor Colin Feltham’s choice of topics shows an astute, on-the-ground awareness of the issues that dog the industry, while still making lively reading’ - ***New Therapist***

In this book, leading practitioners, critics and commentators take sides on many topical and core debates including:

- *Theoretical issues*: Does the unconscious really exist? Is birth trauma a fiction? Should one believe in ‘false memories’?
- *Clinical issues*: Is therapy effective? Is ‘the relationship’ central to success? Do therapists pathologize their clients? Are boundaries necessary?
- *Professional issues*: Do trainees need therapy? Is professionalization of the field desirable? Are counselling and psychotherapy really distinguishable?
- *Social issues*: Can therapy be proven necessary? Does therapy benefit individuals or contribute to social

control? Does stress really exist?

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Christina Evert:

A lot of people always spent their particular free time to vacation or even go to the outside with them household or their friend. Were you aware? Many a lot of people spent these people free time just watching TV, or maybe playing video games all day long. If you wish to try to find a new activity honestly, that is look different you can read a book. It is really fun in your case. If you enjoy the book you read you can spend 24 hours a day to reading a publication. The book Controversies in Psychotherapy and Counselling it is rather good to read. There are a lot of those who recommended this book. They were enjoying reading this book. Should you did not have enough space to create this book you can buy the particular e-book. You can more easily to read this book from the smart phone. The price is not to cover but this book offers high quality.

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