



# Health Promotion In The Workplace

*Michael P. O'Donnell*

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## **Health Promotion In The Workplace** Michael P. O'Donnell

Health Promotion in the Workplace is an ideal reference for managers and consultants involved in the developing and implementation of health promotion programs. Written from a scholarly perspective reflecting the full knowledge of science in the field, this comprehensive text recognizes the constraints of practical application facing businesses today. Topics covered include the importance of health promotion programs; the process of designing, managing and evaluating programs; the positive effects such programs can have on employees and the workplace; the physical and emotional services these programs can offer; and major issues, such as factors affecting older workers and retirees and the emerging global perspective, impacting the health promotion field. Â· Financial analysis of health promotion programs provide necessary justification needed to secure funding Â· Chapters provide review of subject area, a discussion and critique of the supporting research and guidelines on how to implement the research into practice Â· Includes in depth guidelines for evaluating health promotion programs Â· Also ideal text for students in undergraduate and graduate level health promotion programs



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