



# How to be a Yogi

*Swami Abhedananda*

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# How to be a Yogi

*Swami Abhedananda*

## **How to be a Yogi** Swami Abhedananda

A short treatise on the various forms of yoga, including Hatha, Raja, Karma, Bhakti, and Jnana. The book also has chapters on the science of breathing, and the possibility that Christ was a Yogi.

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WAS CHRIST A YOGI?

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