



# **The Soul of a New Self: Embracing the Future of Being Human (Philosophy Is Not A Luxury Book Series) (Volume 2)**

*Jeff Carreira*

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## **The Soul of a New Self: Embracing the Future of Being Human (Philosophy Is Not A Luxury Book Series) (Volume 2)** Jeff Carreira

The Soul of a New Self is an exploration of our sense of self, how it creates the reality we live in, and how we can change reality by changing our experience of who we are. Drawing on a wide range of contemporary and classical sources from David Byrne of the Talking Heads to the 18th century German Idealist Immanuel Kant, Jeff Carreira, explains that we are currently caught in an identity of separation and isolation from each other and the world. This book takes the reader step-by-step into the realization that we are part of an unfolding continuity - a wholeness that grows. As we embrace our potential for living in unity together we open into a new phase of existence.

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