



## Finding Inner Peace

*Brent L. Top, Wendy C. Top*

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## **Finding Inner Peace** Brent L. Top, Wendy C. Top

Becoming perfect is a lifelong process, not an overburdening daily checklist of things to do. But many well-meaning Latter-day Saints live the gospel under very strict, self-imposed guidelines. In truth, we are often excessively harsh taskmasters when compared to the gentle, kind, loving, and tender ways of the Lord. In this profound book, Brent and Wendy Top lovingly and brilliantly explore the difference between self-placed burdens we were never meant to carry and the simple, easy yoke of Christ—illustrating how the Atonement covers much more than sin. Sharing the profound hope they have gained through personal trials and tribulations, the authors explain the difference between finding inner peace by practicing the gospel of Jesus Christ according to the guidance of the Holy Spirit and the stress of trying to grasp the gates of heaven by rigidly following cultural norms and self-imposed rules. Discover how you can apply the enabling and ennobling power of the Atonement of Jesus Christ in your daily life and find the inner stillness that comes only from Him.

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