



# How to Stop Bullying and Social Aggression: Elementary Grade Lessons and Activities That Teach Empathy, Friendship, and Respect

*Steve Breakstone, Michael Dreiblatt, Karen Dreiblatt*

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***Encourage respectful, positive social behavior in all students!***

Providing educators with strategies for engaging bullies, victims, and bystanders at their own level, this user-friendly resource offers fun and meaningful interactive lessons and activities that support students' safety and well-being, promote healthy social-emotional development, and improve academic achievement. This research-based book helps school districts meet the curriculum requirements of recently enacted bullying laws and includes:

- Step-by-step guidelines for each activity
- Sidebars, sample scripts, and icons that highlight important information
- A supply list of common classroom items for quick and easy implementation
- Suggestions for enhancing lessons



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