



Good Food: Seasonal Salads: Triple-tested Recipes (BBC Good Food)

Angela Nilsen

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Salads don't have to be boring! With the fantastic choice of leaves and herbs on offer today, we now have the chance to create a wealth of delicious dishes. In *Good Food Seasonal Salads*, you'll find a huge variety of all-year-round salads devised by the team at BBC Good Food Magazine.

Containing 101 recipes using seasonal produce, from Pesto Chicken and Potato Salad and Spring Salad with Watercress Dressing to Warm Salad of Chargrilled Courgettes and Salmon and Minted Green Bean Salad, there are plenty of exciting ideas combining intriguing ingredients and imaginative flavours. Each recipe is accompanied by a full page picture so that cooks of every ability can easily follow the instructions and achieve superb results every time.

You may be looking for a light lunch, refreshing side dish or a more substantial supper. Whatever it is, there are lots of recipe ideas for delicious dishes in this handy cookbook.

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